







Midtown  
General Santos

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CP/PAG ZENN ZUZON  
RY 1992-94



PAG CLEM ASENCIO  
RY 1994-95



PAG NARDS TEVES  
RY 1995-96



PAG BOY RIVERA  
RY 1996-97



ROMY SALAZAR  
RY 1997-98



ED DUMARAN  
RY 1998-99



JOE LUCAS  
RY 1999-2000



RAYMUND SALAZAR  
RY 2000-01



MAR YAP  
RY 2001-02



MANNY YAPHOCKUN  
RY 2002-03



BOY OTANES  
RY 2003-04



TITO VALDEZ  
RY 2004-05



HENRY ASENSE  
RY 2005-06



RONNIE SECHONG  
RY 2006-07



CARLING GANADOS  
RY 2007-08



NOEL T. NINTE  
RY 2008-09



RENATO B. BELGA  
RY 2009-10



JESS CAMPOS  
RY 2010-11



MARC SALAZAR  
RY 2011-12



JOSE VALENZUELA  
RY 2012-13



SONNY BALINGBING  
RY 2013-14



PAG ERICO UY  
RY 2014-15



JUGGER LLIDO  
RY 2015-16



ORMAN MANANSALA  
RY 2016-17



PEDRO ACHARON, JR.  
RY 2017-18



VENANCIO GAMALO, JR.  
RY 2018-19



# We would like to thank our

## BENEFACTORS

**D.I.A.L.**  
DAGA IPIS ANAY LAMOK

**552-9157**

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**BOGART THE EXPLORER**  
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**KIM ATIENZA**  
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*You're in control with*



The Nation's Largest and Leader in Pest Control



# We would like to thank our

## BENEFACTORS



# 14TH REGULAR MEETING

NOVEMBER 21, 2019

## Programme

Host / Moderator	Rtn. Boyet Macorol
I. Call To Order	Prexy Joshua Salazar
Rotary Grace & Philippine National Anthem	PP Joe Lucas
Rotary Hymn	PP Boy Otones
Declaration of Rotary Code of Conduct	Asst. Sec. Fernan Ocat
Introduction of Rotarians Spouses & Visiting Guest	PAG Eric Uy Jr.
Sunshine Greetings	Rtn. Ding Alaba
II. Treasurer's Report	Treas. Mar Yap
III. President's Time	Prexy Joshua Salazar
IV. Other Matters	Prexy Joshua Salazar
V. Adjournment	Prexy Joshua Salazar

**Reminder:**

### ROTARY GRACE

Almighty Father, we remind ourselves of your presence in this assembly of Rotarians. We ask you to bless this meeting and we pray that You grant us peace and fill our hearts and thoughts with more love and deep concern for our fellowmen.

Fill our minds and actions with everything that is noble and best for our families and for the community where we live.

All these things we pray and give you praise in Your mighty name. Amen.



**Editorial Board**

**PAOLO S. ACHARON**  
Editor - in - Chief

**CONTRIBUTOR** Prexy Jan Joshua Salazar  
CP/CPAG Zenn Zuzon  
Secretary Paolo Acharon  
Treasurer Mar Yap  
PP Joe Lucas  
PP Noel Ninte



# ROTARY CODE OF CONDUCT

## AS A ROTARIAN I WILL :

- ◆ Exemplify the core value of integrity in all behaviors and activities
- ◆ Use my vocational experience and talents to serve in Rotary
- ◆ Conduct all of my personal, business and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
- ◆ Be fair in all our dealings with others and treat them with the respect due to them as fellow human beings
- ◆ Promote recognition and respect for all occupations which are useful to society
- ◆ Offer my vocational talents to provide opportunities for young people to work for the relief of the special needs of others and to improve the quality of life in my community
- ◆ Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring disfavor or reflect adversely on Rotary or fellow Rotarians
- ◆ Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

# We would like to thank our

## BENEFACTORS



### PJA TRUCKING & ALLIED SERVICES

TRUCKING & RENTAL \* AGGREGATES HAULING \* EARTHMOVING

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Tel. No.: (083) 553-0310 Cel. No.: 0922-8594-236

E-mail : ROPE.PJA@gmail.com



### ROPE CONSTRUCTION

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Sampaloc Street, Barangay Dadiangas West, General Santos City

Tel. No.: (083) 553-0310 Cel. No.: 0922-8594-236

E-mail : ROPE.PJA@gmail.com

## ACHARON DENTAL CLINIC

- **G/F Arenas Bldg., Pioneer Avenue**
- **Santanna Bldg., Santiago Blvrd.**

## ROSPEA



# Sunshine Greetings



November 18—Ann Ming, Spouse of PP Joe Lucas

November 20—Ann Nancy, Spouse of Rtn. Lloyd Quejada



November 18—Ann Jing and IPP Jun Gamalo

.....

## ATTENDANCE & MAKE-UP CARD

Rotarian	Rotary Club of
Classification	Position

Please give this Rotarian Attendance credit for attending the Regular Fellowship meeting last \_\_\_\_\_.

\_\_\_\_\_  
Club Secretary Paolo Acharon



# THE OBJECT OF THE ROTARY

The **Object of Rotary** is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**FIRST:** The development of acquaintance as an opportunity for service;

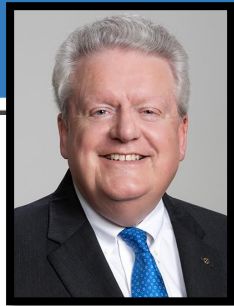
**SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life;

**FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.







## ROTARY INTERNATIONAL PRESIDENTIAL MESSAGE

Rotary Day at the United Nations, which we celebrate each November, is an important reminder of the historic relationship between our organizations. But this year's event is even more important than usual, because we are building up to the 75th anniversary of the signing of the UN Charter in June 2020.

You might ask, why celebrate this anniversary? For Rotary, it is entirely appropriate, because we played such a critical leadership role in the San Francisco Conference that formed the United Nations in 1945. Throughout World War II, Rotary published materials about the importance of forming such an organization to preserve world peace.

Not only did Rotary help influence the formation of the UN, but this magazine also played a leading part in communicating its ideals. Rotary educated members about plans to create the UN through numerous articles in *The Rotarian* and through a booklet titled *From Here On!* When the time came to write the UN charter, Rotary was one of 42 organizations the United States invited to serve as consultants to its delegation at the San Francisco Conference.

Each organization had seats for three representatives, so Rotary International's 11 representatives served in rotation. The people officially representing Rotary included the general secretary, the current and several past presidents, and the editor of *The Rotarian*. In addition, Rotarians from Africa, Asia, Australia, Europe, and North and South America served as members of or consultants to their own nations' delegations.

We have a deep and lasting relationship with the UN that deserves to be celebrated and appreciated. To recognize this relationship, Rotary will host five special events between now and June: Rotary Day at the UN in New York on the 9th of this month; three presidential conferences next year in Santiago, Chile, in Paris, and in Rome; and a final celebration just before the Rotary International Convention in Honolulu.

The focus on the UN in the year ahead is not only about the past; it also lights a path to our future. There are so many parallels between the work we do through our areas of focus and the work of the UN Sustainable Development Goals. While those goals are indeed incredibly ambitious, they provide inspiration and direction — and are similar to many Rotary goals, which have proven to create lasting, positive change in our world. The goals can be achieved, but only if undertaken with the same long-term commitment and tenacity that Rotary understands so well. Alone, we cannot provide clean water for all, we cannot eliminate hunger, we cannot eradicate polio. But together with partners like the United Nations, of course we can.

Please consider attending one of our five UN celebrations. I look forward to sharing news of these special events with you throughout the year.

**MARK DANIEL MALONEY**  
President, Rotary International  
2019-2020

## JOE - KINGLY YOURS

**Driver:**  
yung mga PANGET, pwede  
ng BUMABA. May Checkpoint  
kasi sa unahan. PABOR LANG.

**Pasahero:**  
tapos, kuya? Sino na po  
magddrive ngayon?

**DOCTOR TOLD A FAT GUY:  
"MULA NGAYON ANG PWEDE MO  
LANG  
KAININ AY MGA HAYOP NA  
LUMALANGOY"**

**I WEEK LATER, HINANAP NI DOC SI  
FAT GUY**

**MAID: NASA POOL PO,  
TINUTURUANG LUMANGOY  
YUNG BABOY!**



# JOE - KINGLY YOURS



PP Joe G. Lucas

**PULIS:** Bakit mo itinapon ang batang alaga mo?

**INDAY:** Utos ng amo ko sir!

**PULIS:** Inutos sayo?

**INDAY:** Opo, sabi nya kung walang pampers, huggies mo na lang.



## ONLY FILIPINOS CAN UNDERSTAND THIS :-D :-D

See knock suck knee bear thing see in die. The hill D giis two knee bear thing see in die. Tea nap phone knee yeah eat toe suck can null. Key knob book couz an not tag pooh an, bang kai knee in die sad do low ng can null. Mad dummy eat tong suck suck. Knock cat tuck as see bear thing at tea no too geese ng poo less. Mock come meet pub a knee in die ang Qatar wrong-an?

## About our District Governor

# DG Philip N. Tan



Our **District Governor's** becoming a Rotarian is one for the books. Upon the invitation of a drinking buddy, he unknowingly accepted with his innocence that drinks and food are free during Rotary meetings. That was in 2000 and the rest they say is history.

Convinced of the ideals and principles of Rotary, he became **CONNECTED** as an active member and eventually became the **45th President** of the **Rotary Club of Cebu West**, seven years after his induction. His stint as President gave honor to his Club with the following recognitions: **Area 1-C Most outstanding Club President** and **Highest TRF Contribution, District's Outstanding Club Secretary** and the most prestigious **Rotary International Presidential Citation**.

Through the years, he has transcended his leadership from the **Club** to the **District** level, serving Rotary in various **major** positions, amongst others as **Assistant Governor, District Trainer, District Secretary, District Finance Chair, Paul Harris Fundraising Chair** and the latest **Chairmanship** of **District Rotary Foundation Committee (DRFC)**.

He **also put his money where his mouth is** -- He is a **Paul Harris Society** member and a **Major Donor**. He believes that this **financial contribution demonstrates his commitment to serve others**.

Aside from being a **Rotarian**, he is also actively involved in other socio-civic and religious organizations. He is currently the **Vice Chair - Visayas** of Philippine Business for Social Progress (**PBSP**); **Board of Regents** of Cebu Technological University (**CTU**), a certified **Fellow** of the Institute of Corporate Directors (**ICD**), **Past President** of the **Mandau Chamber (MCCI)** and eleven other prestigious civic, religious and non- governmental organizations, both local and national.



His dedication to serve the country was twice recognized by former **President Gloria Macapagal Arroyo**, for promoting productivity and innovations in his advocacy and contributions that benefited businesses groups, government agencies, LGU's and particularly, the **Department of Labor and Employment**. In 2014, former **President Benigno Aquino III** appointed him as one of the **Management Representative** to the **Regional Tripartite Wages and Productivity Board of DOLE Region 7**. In 2016, **SGV / Ernst and Young** awarded him **INNOVATION ENTREPRENEUR OF THE YEAR** in the Philippines. He was conferred the honorary degree as **Doctor of Philosophy in Technology Management** by **Cebu Technological University**, with concurrence by the Commission on Higher Education (**CHED**) for strengthening Vocational Technology education.

As an **entrepreneur**, he started his micro business from scratch with limited financial resources and no formal education in **Engineering**. Slowly but surely, he brought his company to success without sacrificing the betterment of his employees, which includes **PWD's**. He is the founding **Chairman, President & Chief Executive Officer** of **Wellmade Motors & Development Corporation**, an **ISO-9001:2015** international certification in respect for its quality management system, manufacturing and metalworking technologies, with **subsidiary** companies, **joint ventures** and **franchisees** in the **Philippines** and **South East Asia**.

A servant leader, he is happily married to spouse **Judith**, raising four children and with their first newly born 4th generation **grandson**. His eldest son, **Jeffrey**, is also an awarded **Rotarian** and an active member of the **Rotary Club of Cebu Port Center**.

The Object of Rotary is "to encourage and foster the ideal of service as a basis of worthy enterprise." The statement then lists four areas by which this "ideal of service" is fostered: "through the development of acquaintances as the opportunity for service; the promotion of high ethical standards in business and professions; through service in one's personal, business and community life; and the advancement of international understanding, goodwill and peace." The "ideal of service" is the key phrase in the Object of Rotary. This ideal is an attitude of being a thoughtful and helpful person in all one's endeavors that is what the Object truly means.

--- z Z z ---

Hugot . . . Success without honor is an unseasoned dish. It will satisfy your hunger but it won't taste good.

Paningit. . . God make woman beautiful and foolish. Beautiful, that man might love her, and foolish, that she might love him.

Panignit pa more . . . . Kung naa ta sa beach, pwede ta mag tsinelas, mag short or mag t-shirt!



# Zenncerely yours...



*CP/PAG Zenn Zuzon*

It's indeed an honor and privilege to be nominated as one of the Officers or member of the Board. How much more if you win! But Zenncerely Yours would like to decline being nominated for a simple reason that we would like to give other fellow Rotarians the chance for the opportunity to serve our dear Club. Being

your Clubs' Charter President, I am duty bound to assist the incumbent President and his officers and members of the Board in matters involving the Club!

I was extremely elated when PP Jun Acharon suggested that yours truly be a lifetime member of the Board. But to my mind, Rotary does not work that way. Rotary is for every Rotarian and nobody has the monopoly of any position! In Rotary, it is the position that seeks the right Rotarian and not the Rotarian seeking the position!

In some areas of the world weekly Rotary club meetings begin with all members standing and reciting the Object of Rotary. This statement, which comes from the Constitution of Rotary, is frequently seen on a wall plaque in Rotarian's offices or place of business.

These 31 words are worth remembering when someone ask, "What is a Rotary club?" "Rotary is an organization of business and professional person united worldwide who provide humanitarian service, encourage high ethical standards in all vocations and help build goodwill and peace in the world."

--- z Z z ---

# ROTARIAN PROFILE

Midtown General Santos

**Rotary**

Club



**Rotary Year 2019-2020**

**Club No. 29494 | Area 3F**

**Date Chartered : May 25, 1993**

**Schedule of Meeting: Every Thursday, 6:30 p.m**

**Venue: Hotel San Marco, Laurel East, General Santos City**

**Website: [https://www.facebook.com/Rotary-Club-of-Midtown-](https://www.facebook.com/Rotary-Club-of-Midtown-General-Santos-428278681351913)**

**[General-Santos-428278681351913](https://www.facebook.com/Rotary-Club-of-Midtown-General-Santos-428278681351913)**

# CLUB OFFICERS

**ROTARY CLUB OF MIDTOWN GENERAL SANTOS  
SET OF OFFICERS RY 2019 - 2020**

**JAN JOSHUA RAY D. SALAZAR**  
President

**ROMEO PASTOR**  
Vice –President

**PAOLO JAY S. ACHARON**  
Secretary

**FERNAN ANGELO OCAT**  
Asst. Secretary

**MARCELO YAP**  
Treasurer

**ROY ANGELO MALALUAN**  
Auditor

**JAMES CARPE**  
Protocol Officer

**DESIDERIO ALABA**  
Sgt. at Arms

**ROBERTO BALLENA JR.**  
President Elect

**COMMITTEE CHAIRS**

**ERIC UY JR.**  
Public Image

**ZENELITO ZUZON**  
The Rotary Foundation

**MARCELO YAP**  
Midtown Foundation

**ROMAN SALAZAR**  
Banner Projects

**RAYMUND SALAZAR**  
End Polio Foundation

**ROGER RIVERA**  
Special Projects

**BOARD OF DIRECTORS**

**ROMAN SALAZAR**

**PEDRO B. ACHARON JR.**

**JUGGER LLIDO**

**JOSEPH MANLUTAC**

**CARLITO DACUT JR.**

**RENATO DOMINGO**

**RICHARD BACQUIANO**

**VENANCIO A. GAMALO JR.**  
Immediate Past President

# MIDTOWNERS IN ACTION



**RELIEF OPERATION SPONSORS:**

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- Sunpride Foods Inc. • Chuck Lopez • BCBP GenSan • CVLS • CIM- Alpha Mu Sigma Phi -Katrina Anislag
- Marivic Del Pilar • Victory Liner • Erika Rae Burgos • Florita Paredes Eugenio • Freddie Lapada & Eden
- Angie Edralin • Jeanine Honorio & Family • Kelargo • Plus Tri Angels • Lizette Clive • Josephine See Yap



# MIDTOWNERS IN ACTION



# ABOUT US

## WHO WE ARE

Chartered in 1993, the Rotary Club of Midtown General Santos is home to more than 30 community-minded individuals dedicated to serving above self and participating in Rotary International’s mission to promote understanding, goodwill, and world peace.

## OUR MISSION

To change lives in our local and world communities through service and financial support.

## OUR VISION

To cultivate a dynamic membership that enhances our club values to serve our local and world communities, providing systemic and enduring change.

## OUR CORE VALUES

**Rotary Belongingness** – When we work together, we are a hundred times stronger. We are of and for each other; and stand for our unified ideals.

**Caring Relationship** – We love, trust and respect each other and our spouses. We believe that when our relationship is strong, we become unbreakable.

**Joyful Service** – We do not carry service as a burden because we take passion in doing so. This makes all our endeavors joyful and whole-hearted.

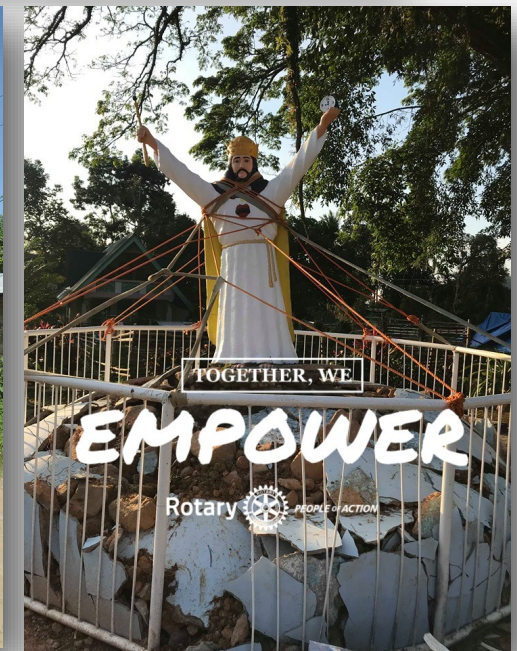
**Cheerful Giving** – We give with devotion and without tire. We do not seek reward because the act of giving itself is what makes us happy.



# ROSTER OF MEMBERS

No.	ID No.	Name	TRF	CLASSIFICATION	SPOUSE
1	10125797	ACHARON, PAOLO JAY S.		Legal Services	NIKKA
2	2429389	ACHARON, PEDRO JR. B.	PHF+4	Engineering - Civil Works	ROSE
3		AGDUMA, FLORANTE II		Construction	HAZEL
4	9673340	ALABA, DESIDERIO		Military Service (Retired)	CHA
5		ALFAFARA, DOMINIC P.		Dentistry	MARLYN
6	10157452	BACQUIANO, RICHARD		Construction Aggregates Supplier	JENNIFER
7	7020058	BALINGBING, SONNY		Engineering Equipment Distribution	
8	6985871	BALLENA, ROBERTO JR.	PHF	Petroleum Products Distribution	MONETTE
9		BENZONAN, SUNNY		Hospitality Management	
10		CARIÑO, DENNIS		Nursing, Government	
11	6634413	CARPE, JAMES	PHF	Construction	GINA
12		CRUZ, LESTER S.		Automotive	CHARINA
13	9191166	DACUT, CARLITO JR.	PHF	Pest Control Distribution	TATA
14		DIONISIO, GEOFFREY		Agri Buy and Sell	
15	9673335	DOMINGO, RENATO C.	PHF	Government Service	ARLENE
16	2137023	DUMARAN, IGNACIO	PHF	Petroleum Products Distribution	VIOLETA
17	8242544	GAMALO, VENANCIO JR.,A.	PHF	Pharmaceutical Distribution	ANITA
18	2137027	GANADOS, CARLOS SR., R.		Pension House Services	TASING
19	9673803	LABUTONG, ORLANDO E.		Military Service (Retired)	NATIVIDAD
20	6460921	LLIDO, JUGGER C.		Real Estate Management	EDA JANE
21	2137036	LUCAS, JOSE G.	PHF	Government Service (Retired)	ROMANA
22	6556163	MACOROL, PEDRO M.	PHF	Construction	PATRICIA
23		MADRIA, JOEY J.		Government Service	

# MIDTOWNERS IN ACTION





# MIDTOWNERS IN ACTION



No.	ID No.	Name	TRF	CLASSIFICATION	SPOUSE
24	10337047	MALALUAN, ROY ANGELO		Government Service	
25	10157457	MANLUTAC, JOSEPH		Poultry	JANET
26	9540466	MORACA, WILLIAM	HM	Elementary Education	EULALIA
27	3374219	NINTE, NOEL	PHF	Metal Craft Services	MARIETA
28		OCAT, FERNAN ANGELO		Nursing, Private	
29	2137043	OTANES, DALMACIO JR.		Security Management	JULIET
30	2137044	PASTOR, ROMEO D.		Medicine Practice	ANA
31	8510148	PEÑA, VICENTE		Legal Services	MELINDE
32	9190955	QUEJADA, LLOYD	PHF	Insurance	NANCY
33	6116769	RIVERA, RITCHIE	PHF	Tuna Canning Management	CECIL
34	6116769	RIVERA, ROGER E.	PHF+1	Aquaculture Business Management	YOLANDA
35	9192438	SALAZAR, JAN JOSHUA RAY	PHF+3	Personal Health Care Services	
36	6179549	SALAZAR, MARK DOMINIC	PHF+1	Real Estate Management	
37	6198022	SALAZAR, RAY ANGELO	PHF	Repair Shop Management	MACEL
38	2137047	SALAZAR, RAYMUNDO L.	PHF+2	Civil Engineering Management	EDNA
39	2137048	SALAZAR, ROMAN L.	PHF+2	Government Service (Retired)	
40	2490805	SECHONG, RONNIE	PHF+3	Civil Engineering	HENA
41		SUPLICO, NESTOR S.		Government Service	JOSIE
42	3139031	TAPANG, ENRIQUE		Electrical Engineering Consultancy	CONCHITA
43		TELERON, GENUS NIÑO		Health Insurance, Gov.	
44	3139039	UY, ERICO FRANCISCO JR.		Motorcycle & Engine Parts Distribution	ELENA
45		UY, ERICO		Pharmacy	
46	2137054	VALDEZ, TITO		Government Service (Retired)	ELLIE
47		VAPOR, KHENT LERRY BLADE		Marine Engineering	
48	2137058	YAP, MARCELO O.	PHF+1	Electronic Equipment	LILY
49	2137001	ZUZON, ZENELITO M.	PHF	Food Catering Services	ANGGING



# PAUL HARRIS FELLOW AND BENEFACTOR

DONOR	ROTARY ID	RECOGNITION LEVEL	ACHIEVED DATE	ORIGINAL PHF DATE
Pedro Busgano Acharon, Jr.	2429389	PHF+4	23-Apr-2019	14-Oct-2009
Ronnie B. Sechong	2490805	PHF+3	03-Dec-2018	17-Aug-2006
Manuel Fortunato Du Yaphockun	2429422	PHF+3	06-Sep-2017	30-Nov-1996
Orman Ortega Mansansala	2429411	PHF+3	31-Oct-2017	2-Aug-2016
Jan Joshua Ray De Gracia Salazar	9192438	PHF+2	13-Jul-2019	24-Aug-2016
Raymundo Lasmarias Salazar	2137047	PHF+2	19-May-2010	7-Jul-2000
Roman L. Salazar	2137048	PHF+2	19-May-2010	20-Oct-2004
Clement L. Asencio	2137000	PHF+1	26-Aug-2009	17-Jul-2009
Renato B. Belga	5744180	PHF+1	24-Mar-2009	27-Oct-2007
Roger Estabillo Rivera	2137046	PHF+1	23-Aug-2018	2-Aug-2016
Marc Dominic U. Salazar	6179549	PHF+1	03-May-2012	19-May-2010
Marcelo Obligado Yap	2137058	PHF+1	31-Jan-2017	2-Aug-2016
Rosalinda A. Acharon	8186382	PHF	12-Sep-2017	
Arthur A. Aller	3443862	PHF	18-Oct-2005	
Roy Ballena	6985871	PHF	30-Jan-2019	
James Carpe	6634413	PHF	03-Dec-2018	
Carlito Osip Dacut, Jr.	9191166	PHF	13-Apr-2015	
Renato Cerbas Domingo	9673335	PHF	02-Aug-2016	
Ignacio S. Dumarán	2137023	PHF	24-Mar-2009	

# MIDTOWNERS IN ACTION





# MIDTOWNERS IN ACTION

# PAUL HARRIS FELLOW AND BENEFACTOR



DONOR	ROTARY ID	RECOGNITION LEVEL	ACHIEVED DATE	ORIGINAL PHF DATE
Maribel A. Galindez	5640159	PHF	21-Dec-2001	
Venancio Jr. Albear Gamalo, Jr.	8242544	PHF	08-May-2019	
Jose Gabor Lucas	2137036	PHF	30-Sep-1999	
Pedro M. Macorol	6556163	PHF	16-May-2019	
Noel Tagle Ninte	3374219	PHF	31-Jan-2017	
Lloyd Sisneros Quejada	9190955	PHF	23-Apr-2019	
Ritche Chua Rivera	6116769	PHF	28-Jan-2005	
Corazon Salazar	8481970	PHF	10-May-2012	
Ray Angelo De Gracia Salazar	6198022	PHF	19-May-2010	
Lourdez Hena D. Sechong	6760447	PHF	17-Dec-2007	
Virginia Yap	9989150	PHF	12-Sep-2017	
Armi Aguilar Zuzon	10483079	PHF	25-Feb-2019	
Zenelito Manantan Zuzon	2137001	PHF	03-Dec-2018	



# PRESIDENT'S TIME



*Prexy Joshua Salazar*

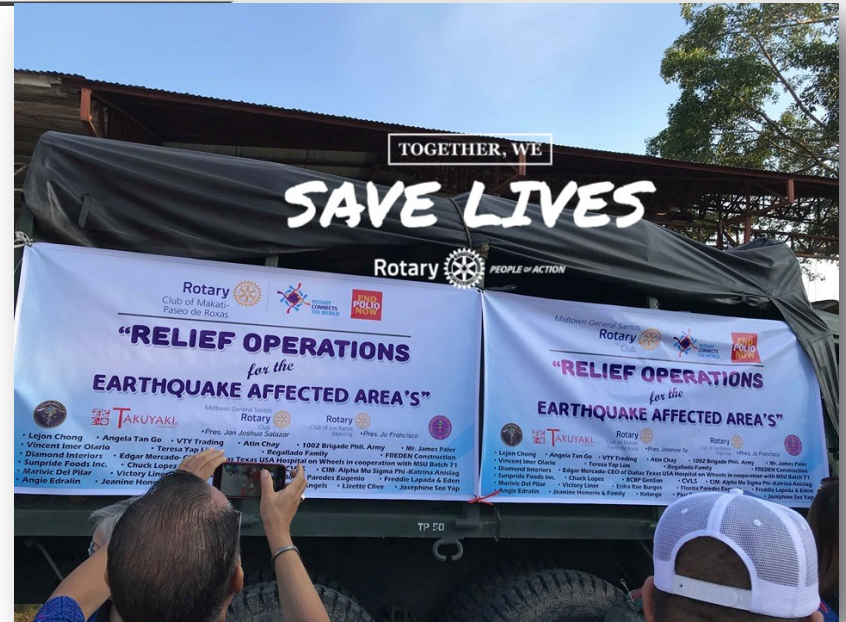
Good evening fellow midtowners! Its nice to see you all, my apologies for my absence last week as I had medical matters to attend to. I would like thank everyone for their participation on the events this past October and November while this year has been challenging as many disasters occurred, the Rotary Club of Middtown has not been deterred by the challenges, staying true with our ethos of Service Above Self.

I would like to give thanks again to those who participated in the procurement and packing of relief goods for our past relief operation, and I'm inviting you all to our third round of relief operations this Saturday.

Thank you all and see you this Saturday.



# MIDTOWNERS IN ACTION





# MIDTOWNERS IN ACTION



# IRONMAN TRI to End Polio

## IRONMAN TRI to End Polio Now Pledges

	<b>AMOUNT PLEDGE</b>
• IPP JUN GAMALO	2,000.00
• PP NOEL NINTE	1,000.00
• RTN. RENE DOMINGO	1,000.00
• VICE PRES. ROMY PASTOR	1,000.00
• PAG BOY RIVERA	1,000.00
• RTN. NICK ALFAFARA	1,000.00
• PP RONNIE SECHONG	2,000.00
• RTN. BOYET MACOROL	1,000.00
• DIRECTOR RICHARD BACQUIANO	1,000.00
• TREAS. MAR YAP	4,000.00
• PAG ERIC UY	4,000.00
• RTN. DENNIS CARIÑO	1,000.00
• PP RAYMUND SALAZAR	10,000.00
• PP ROMAN SALAZAR	10,000.00
• PP CARLING GANADOS	1,000.00
• PP BOY OTANES	1,000.00
• RTN. JOEY MADRIA	1,000.00
• RTN. NESTOR SUPLICO	1,000.00
• RTN. JAMES CARPE	1,000.00
• PP JUN ACHARON	4,000.00
• RTN. RAY ANGELO SALAZAR	5,000.00
• PREXY JAN JOSHUA RAY SALAZAR	53,000.00



# POLIO FACTSHEET



Kaalaman tungkol sa

## POLIOMYELITIS (POLIO)



**SABAYANG PATAK KONTRA POLIO** Pabakunahan ang inyong mga anak na wala pang limang taong gulang **laban sa polio.**

711-1001 / 711-1002 | OfficialDOHgov doh.gov.ph

### Anu-ano ang mga sintomas ng polio?




lagnat    pananakit ng katawan    panghihina ng kamay o binti    hirap sa paghinga

**SABAYANG PATAK KONTRA POLIO** Pabakunahan ang inyong mga anak na wala pang limang taong gulang **laban sa polio.**

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### Paano nakukuha ang polio?

Ang **polio** ay maaaring makuha sa **pagkain at pag-inom ng tubig na kontaminado ng dumi na may poliovirus.**



**SABAYANG PATAK KONTRA POLIO** Pabakunahan ang inyong mga anak na wala pang limang taong gulang **laban sa polio.**

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### Nagagamot ba ang polio?

Ang polio ay **hindi nagagamot.**

**Bakuna lamang** ang pinakamabisang paraan para maging protektado laban sa polio. Ang bakuna kontra polio ay **ligtas at epektibo.**



**SABAYANG PATAK KONTRA POLIO** Pabakunahan ang inyong mga anak na wala pang limang taong gulang **laban sa polio.**

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# Monthly Theme

**NOVEMBER IS ROTARY FOUNDATION MONTH**



*"You must work - we must all work to make the world worthy of its children."*

Pablo Casals


Rotary  [www.rotary.org](http://www.rotary.org)

November is Rotary Foundation Month and we celebrate by informing our members on the history of the foundation, the awesome projects that the foundation has funded and how we can give back to ensure that the foundation is able to fund future projects.



# POLIO FACTSHEET

ANG ORAL POLIO VACCINE (OPV)  
AY LIGTAS AT EPEKTIBO!



**3 DOSES**  
NG OPV  
6-10-14\*weeks

Pabakunahan si Baby sa ika-6,  
ika-10, at ika-14 na linggo!  
\*may kasamang Inactivated Polio  
Vaccine (IPV) sa ika-14 na linggo.

SABAYANG PATAK KONTRA POLIO

SAMA-SAMA NATING SUGPUIN ANG POLIO TUNGO SA UHC



Universal Health Care  
*Alamin mo, kasama ka dito.*



# POLIO FACTSHEET


SABAYANG PATAK KONTRA POLIO

Ligtas ba na mabigyan ng Oral Polio Vaccine (OPV) ang mga bagong silang na sanggol?

Oo, ligtas na ibigay ito sa mga bagong silang na sanggol. Sa katunayan, mahalagang mabigyan ng OPV ang mga sanggol na bagong silang dahil mababa ang kanilang immunity at mas nasa panganib sila sa polio. Lahat ng mga sanggol ay dapat mabakunahan sa Sabayang Patak Kontra Polio para mabigyan sila ng karampatang proteksyon laban sa polio.

Pabakunahan ang inyong mga anak na wala pang limang taong gulang **laban sa polio.**

Sama sama nating sugpuin ang polio tungo sa UHC!



REPUBLIC OF THE PHILIPPINES  
DEPARTMENT OF HEALTH

Plus Boosting UNIVERSAL HEALTH CARE

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# POLIO FACTSHEET

SABAYANG  
PATAK  
KONTRA

# POLIO

**Ligtas ba na mabigyan ulit ng Oral Polio Vaccine (OPV) ang mga bata, kahit na ilang beses na sila nakatanggap nito?**

Oo, **ligtas ito**. Mahalaga na mabigyan ng OPV ang mga bata dahil ito ang nakapagbibigay ng kasiguruhan ng proteksyon. Ang **bawat karagdagang dose ay lalong nagpapatibay ng proteksyon ng isang bata laban sa polio.**

**Pabakunahan** ang inyong mga anak na wala pang limang taong gulang **laban sa polio.**

**Sama sama nating sugpuin ang polio tungo sa UHC!**



**Universal Health Care**  
*Alamin mo, kasama ka dito.*



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# POLIO FACTSHEET

## GABAY SA PAGSAGOT sa mga tanong tungkol sa polio



- Ano ang polio?**  
Ang polio ay nakahahawang sakit na dulot ng poliovirus. Ito ay maaaring maging sanhi ng pagkalumpo, hirap sa paghinga, at pagkamatay.
- Paano nakukuha ang polio?**  
Ang polio ay maaaring makuha sa pagkain at pag-inom ng tubig at iba pang inumin na kontaminado ng dumi na may poliovirus.
- Nasa panganib ba ako sa polio? Nasa panganib ba ang aking mga anak?**  
Oo. Lubhang mapanganib ang polio, lalo na sa mga batang limang taong gulang pababa na walang proteksyon laban sa polio. Pagbabakuna ang pinakamabisang paraan para maiwasan ang polio.
- Ano ang maaari kong gawin para maiwasan ang polio?**  
Bakuna kontra-polio ang pinakamabisang panlaban. Dahil ang poliovirus ay nakukuha sa maruruming lugar, importante rin na mapanatiling malinis ang kapaligiran at bahay, maghugas ng kamay gamit ang sabon at tubig pagkatapos gumamit ng palikuran, bago kumain at maghanda ng pagkain, dumumi sa tamang lugar, at uminom lamang ng malinis na tubig.
- Bakit may magaganap na pagbabakuna sa polio?**  
Ang Pilipinas ay "high-risk" sa paglaganap ng polio dahil maraming mga bata ang hindi bakunado o hindi kumpleto ang bakuna laban sa polio. Bukod dito, may problema rin sa kalinisan sa ating kapaligiran.

Ang Sabayang Patak Kontra Polio ay ang pagbabakuna sa mga batang wala pang limang (5) taong gulang laban sa polio upang palakasin ang kanilang proteksyon laban sa polio.
- Sino ang mga babakunahan kontra polio?**  
Lahat ng batang wala pang 5 taong gulang, mayroon man o wala pang bakuna kontra polio.
- May gamot ba laban sa polio?**  
Ang polio ay hindi nagagamot. Bakuna lamang ang pinakamabisang paraan para maging protektado laban sa polio.
- Ligtas ba ang Oral Polio Vaccine o OPV?**  
Ligtas at epektibo ang OPV, at higit na kailangan para sa proteksyon ng bata laban sa polio. Ginamit na ito sa maraming bansa. Ayon sa World Health Organization (WHO), mahigit 18M na ang nakaiwas sa pagkalumpo dulot ng polio sa higit na 30 taon na paggamit ng bakunang OPV.
- Ligtas ba na mabigyan ulit ng OPV ang mga bata, kahit na ilang beses na sila nakatanggap nito?**  
Oo, ligtas ito. Mahalaga na mabigyan ng OPV ang mga bata dahil ito ang nakapagbibigay ng kasiguruhan ng proteksyon. Ang bawat karagdagang dose ay lalong nagpapatibay ng proteksyon ng isang bata laban sa polio.
- Ligtas ba na mabigyan ng OPV ang mga bagong silang na sanggol?**  
Oo, ligtas na ibigay ito sa mga bagong silang na sanggol. Sa katunayan, mahalagang mabigyan ng OPV ang mga sanggol na bagong silang dahil mababa ang kanilang immunity at mas nasa panganib sila sa polio. Lahat ng mga sanggol ay dapat mabakunahan sa Sabayang Patak Kontra Polio para mabigyan sila ng karampatang proteksyon laban sa polio.
- Ilang doses ng OPV ang kailangan para maging protektado ang aking anak laban sa polio?**  
Kailangan makumpleto ang 3 doses ng OPV para makamit ang immunity laban sa polio. Ang bawat karagdagang dose ay lalong nagpapatibay ng proteksyon ng isang bata laban sa polio kaya't kinakailangan pa itong bigyan ng karagdagang bakuna sa Sabayang Patak Kontra Polio para sa mas malakas na proteksyon.